



Anglo-Chinese School (Primary)

A Methodist Institution
(Founded 1886)

20 January 2020

Dear Parents/Guardians of Primary 6 pupils

MOE Sexuality Education in Schools (Growing Years Programme)

1. Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. It is premised on the importance of the heterosexual married couple forming a nuclear family as the basic unit of society, and respect for the values and beliefs of the different ethnic and religious communities on sexuality issues.
2. The goals of Sexuality Education are:
 - (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
 - (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
 - (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the heterosexual married couple forming a nuclear family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.
3. The key messages of Sexuality Education are:
 - (i) Love and respect yourself as you love and respect others;
 - (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
 - (iii) Make responsible decisions for yourself, your family and society; and
 - (iv) Abstinence before marriage is the best protection against STIs/HIV and unwanted pregnancies. Casual sex can harm and hurt you and your loved ones.

You may visit the following website for more information on MOE Sexuality Education.

<http://www.moe.gov.sg/education/programmes/social-emotional-learning/sexuality-education/>

OVERVIEW OF ACS(P) SEXUALITY EDUCATION PROGRAMME FOR 2020

4. Sexuality Education is delivered in a holistic manner through the school curriculum. The content for Sexuality Education is grouped into five main themes: Human Development, Interpersonal Relationships, Sexual Health, Sexual Behaviour, and, Culture, Society and Law.

Curious Minds (2nd Edition) (Primary 5 & 6) Teaching & Learning resource package

5. The upper primary years mark the onset of puberty. With better nutrition and improved health care, children are reaching puberty at a younger age and have to grapple with physical, emotional and psychological changes in themselves. The implication is that our children are becoming biologically ready for sexual activity sooner without necessarily having the corresponding cognitive or emotional maturity to modulate their behaviours. “Curious Minds” is a response to these challenges.
6. The refreshed Primary 5 & 6 Growing Years (GY) package, *Curious Minds* (2nd Edition), aims to meet students’ developmental needs, give emphasis to the teaching of skills and values, and focus on helping students navigate *changes*, build healthy *relationships*, especially online relationships, and exercise *safety*.

At ACS(P), the following lessons from the Growing Years Programme will be taught in 2020:

Topics to be covered for P6

UNIT	LESSONS/ DURATION	LESSON OBJECTIVES At the end of the lesson, pupils will be able to:	TIME PERIOD
Are We More Than Friends?	Who Are My Friends?	<ul style="list-style-type: none"> • identify the qualities of a healthy friendship • recognise the importance of making wise choices in friendship 	Term 1
	Am I A Good Friend?	<ul style="list-style-type: none"> • identify the qualities that they have as a friend • recognise the importance of developing in oneself the qualities of a good friend 	Term 1
	What is Love?	<ul style="list-style-type: none"> • identify the characteristics of love and infatuation • distinguish between the characteristics of love versus infatuation 	Term 2
	Am I Falling In Love?	<ul style="list-style-type: none"> • identify strong feelings arising from infatuation. • manage strong feelings arising from infatuation • identify ways to manage and cope with teasing from peers 	Term 2
	Main Task	Description of the Main Task: <ul style="list-style-type: none"> • Pupils are to play a game to learn more about the Big Idea of Relationships, specifically on family, friendships, love and infatuation. They will consider the issues that their peers would face and craft questions and answers. 	Term 3

Unit	LESSONS/ DURATION	LESSON OBJECTIVES At the end of the lesson, pupils will be able to:	TIME PERIOD
	Is It All Safe?	<ul style="list-style-type: none"> know that some information (like pornography) received through the Internet may be harmful know ways to keep themselves safe when using the Internet 	Term 4
	Main Task	Description of the Main Task: <ul style="list-style-type: none"> Pupils are to apply their understanding of Safety in a variety of scenarios where the main character could be in a precarious situation. They will consider the situation from the point of view of the main character, discuss what they think and feel about the situation and what they will do or say to ensure their safety. These scenarios will provide pupils with the opportunity to demonstrate their understanding of Safety and that safety is a right and a responsibility. 	Term 4

INFORMATION FOR PARENTS

- Parents may withdraw their children from the Growing Years programme.
- Parents may wish to attend the school sexuality education programmes with their children. Parents should contact the school to make the necessary arrangements.
- Please visit the school's Sexuality Education webpage (<http://acspri.moe.edu.sg/affective/sexuality-education-p5-p6>) for more information on ACS (Primary) Sexuality Education Programme for 2020.
- Parents can contact Mr Vijay at 62501633 or email vijayakumaran_govindasamy@moe.edu.sg for discussion or to seek clarification about the school's Sexuality Education programme.

Thank you.

Regards,
Mr Vijayakumaran
Sexuality Education Coordinator

Endorsed by,
Dr Irene Ng
Principal